

# Training Framework

## International Dysphagia Diet Standardization Initiative (IDDSI) Competencies

BROUGHT TO YOU BY LYONS HEALTH LABS AND BECKY DORNER & ASSOCIATES. THIS IS NOT AN OFFICIAL IDDSI DOCUMENT.

### Tier 4 - Champion Level

Competency training for individuals overseeing the IDDSI program and training others (may be appropriate for CDM, RDN, SDC, SLP)

- 1 Complete:**  
Tier 1 – Basic
- 2 Complete:**  
Tier 2 – Intermediate
- 3 Complete:**  
Tier 3 – Advanced
- 4 Review:**  
IDDSI.org Website  
Navigation
- 5 Complete:**  
Website Navigation Skills Test  
& Champion Peer Review / Self Assessment

### Tier 3 - Advanced Level

Competency training for individuals involved with PREPARING IDDSI foods/drinks (may be appropriate for cooks, SLP, nursing, patient/resident/family)

- 1 Complete:**  
Tier 1 – Basic
- 2 Complete:**  
Tier 2 – Intermediate
- 3 Watch:**  
Webinar 4 - Preparing  
Food & Drinks  
**Review:**  
Webinar 4 Handout
- 4 Complete:**  
Tier 3 Skills Test

### Tier 2 - Intermediate Level

Competency training for individuals involved with SERVING IDDSI foods/drinks (may be appropriate for patient/resident/family, nursing assistants, dietary aides, activities)

- 1 Complete:**  
Tier 1 – Basic
- 2 Watch:**  
Webinar 2 - Testing Food  
**Review:**  
Webinar 2 Handout
- 3 Watch:**  
Webinar 3 - Testing  
Beverages  
**Review:**  
Webinar 3 Handout
- 4 Watch:**  
Webinar 5 - Serving  
Food & Drinks  
**Review:**  
Webinar 5 Handout
- 5 Watch:**  
IDDSI Flow Test Video  
**Review:**  
IDDSI Framework  
Testing Methods
- 6 Complete:**  
Tier 2 Skills Test

### Tier 1 - Basic Level

Competency training for individuals NOT preparing or serving IDDSI foods/drinks (may be appropriate for administrator, patient/resident/family, PT/OT, social services, and non-direct care staff)

- 1 Watch:**  
What is Dysphagia  
and How Can We Help?
- 2 Review:**  
Complete IDDSI  
Framework
- 3 Watch:**  
IDDSI Training  
Series – Webinar 1  
**Review:**  
Webinar 1 Handout
- 4 Review:**  
IDDSI Consumer Handouts
- 5 Complete:**  
IDDSI General  
Knowledge Quiz

**Key:** PT- Physical Therapist; OT-Occupational Therapist; SLP-Speech Language Pathologist; CDM-Certified Dietary Manager; RDN-Registered Dietitian Nutritionist; SDC-Staff Development Coordinator